

My QEEG at INPS



A Social Story for Children



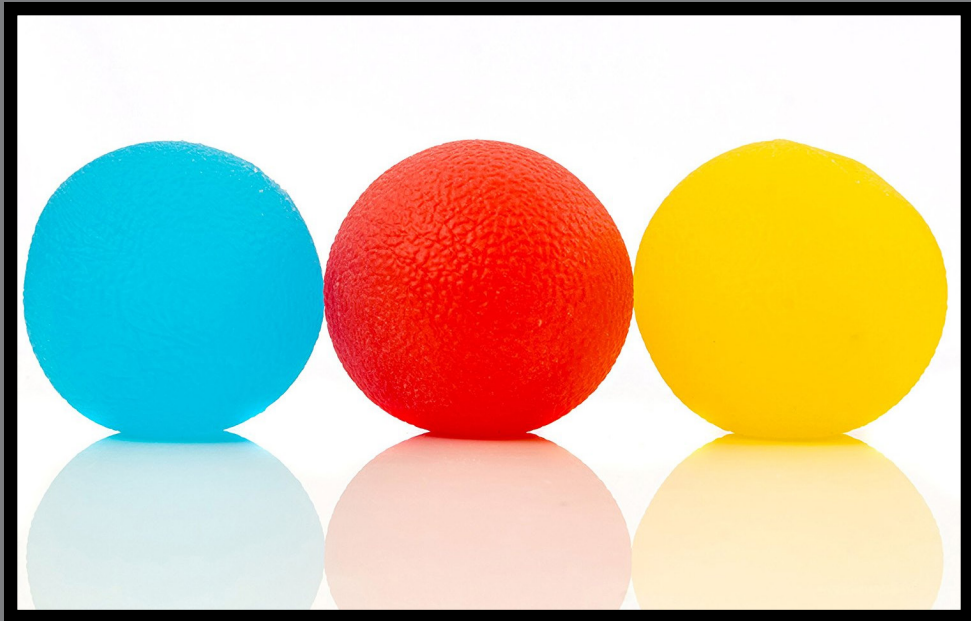
My QEEG is today! A QEEG is a special test that shows how my brain is working.
This special test can also tell me how my brain can work better.
I will do my best during my QEEG today.



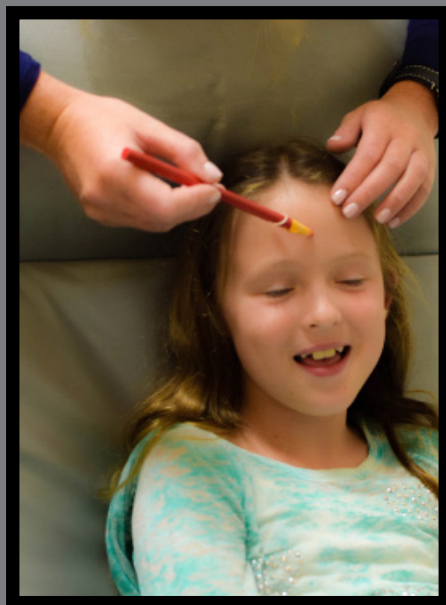
First, I will come in the front door and meet the woman at the front desk. I will then wait quietly in the lobby. This is a new place, but I feel calm.



It is time for my QEEG. This will be fun! First, I will sit in the big grey chair.
If I want to, my Mom or Dad can sit in the room with me.



Then, I get to play with a squishy ball for a while



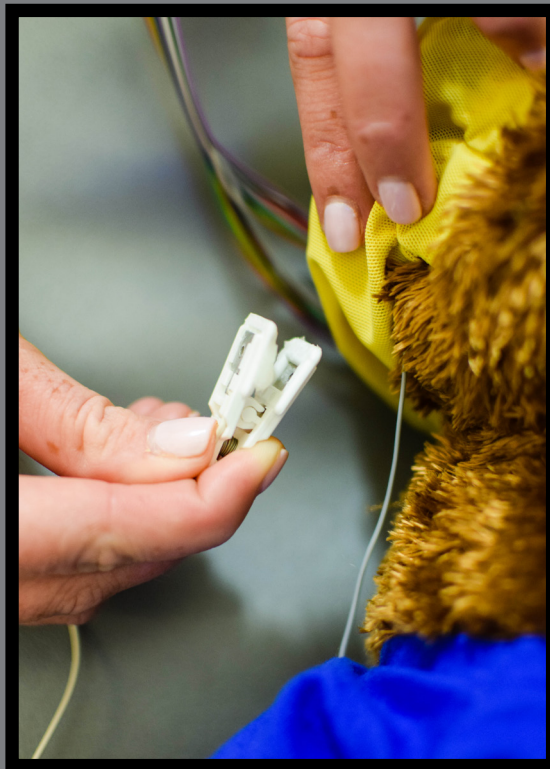
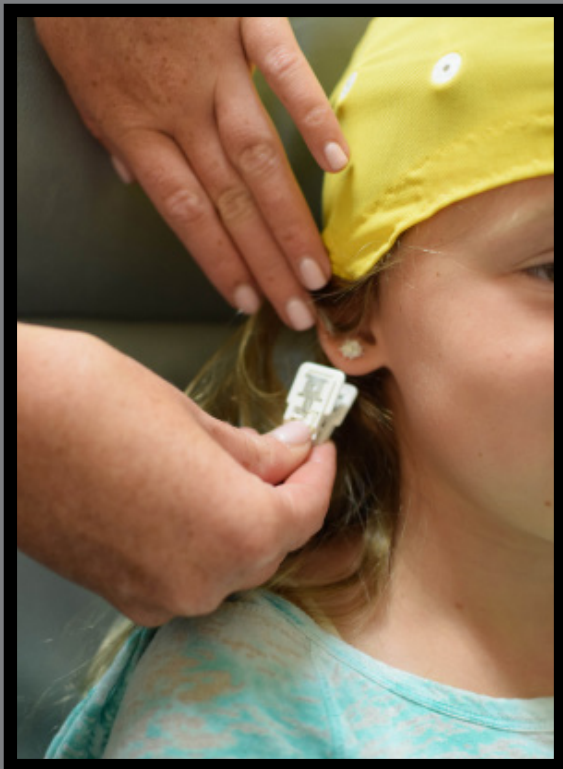
A helper will measure my head and use a special crayon to mark on my forehead.
Then they put foam stickers on my forehead.
This does not hurt, but may feel a little funny.



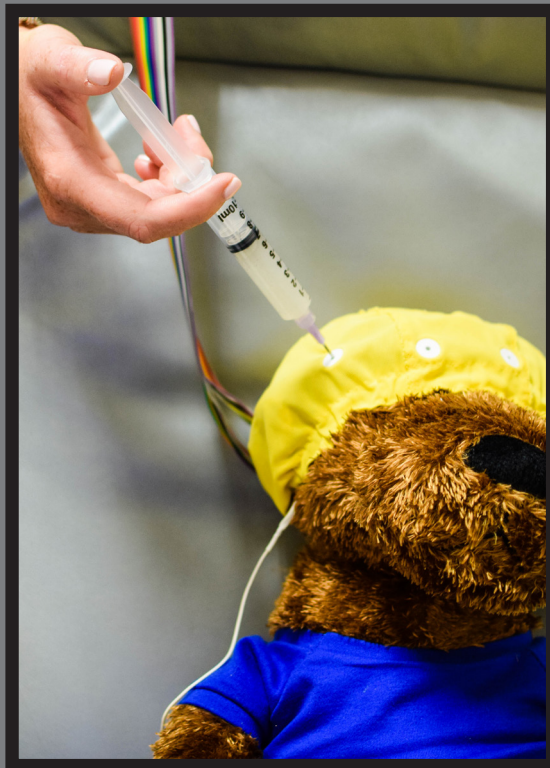
Next, the helper will put a funny looking cap on my head.
It will feel a little tight at first, but after a while it will feel okay.



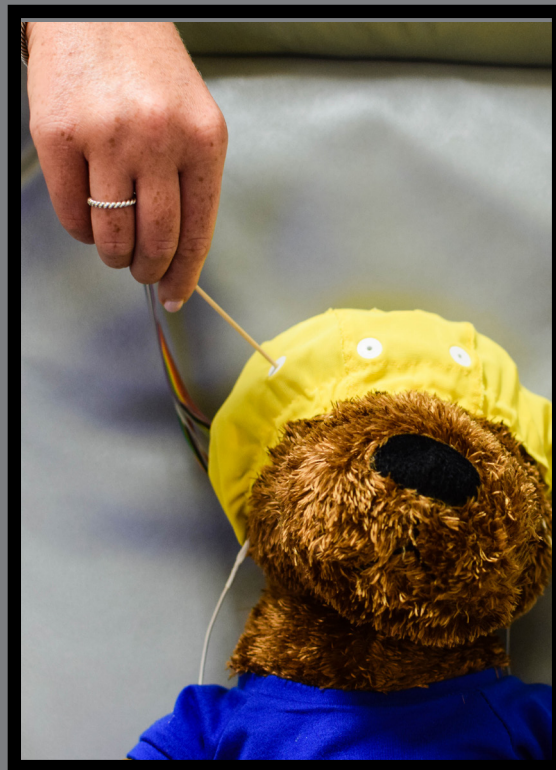
I know it is very important to keep my hands away from my ears and the cap.



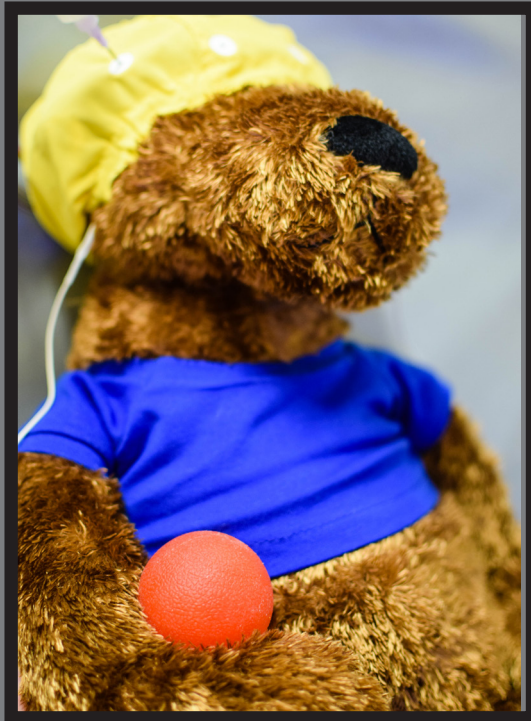
The helper puts clips on my ears.
The clips have special paste inside them and they do not hurt.



The helper will then squirt some liquid into the holes in the cap.
The thing they use looks like a needle, but I know it is not.



Next, the helper will put a long Q-Tip into the holes in the cap.
This feels wet on top of my head. It feels kind of funny, but it does not hurt.



I can play with the squishy ball while this is happening.



The helper will tell me when they are ready to record the QEEG



I will try to sit very still and look at the green dot on the wall.



Then, it is time for me to close my eyes. I can keep my eyes closed even though I am awake. I will keep my eyes very still.



Sometimes my eyes don't want to stay still.
If that happens, the helper will give me cotton balls to hold on my eyes.



I remember not to touch the funny cap or my ears.



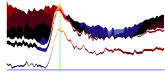
Once we are done, the helper will take off the cap.



Then, the helper will clean off my hair.

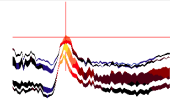


I am done! Everyone will be very happy that I did my best.



Z2 < -4.00, Frq: 13.28,

MinVal: -0.75, Vol: 0.00 %



Z1 > 3.91, Frq: 13.28,

MaxVal: 4.80, Vol: 20.00 %

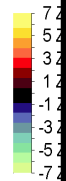
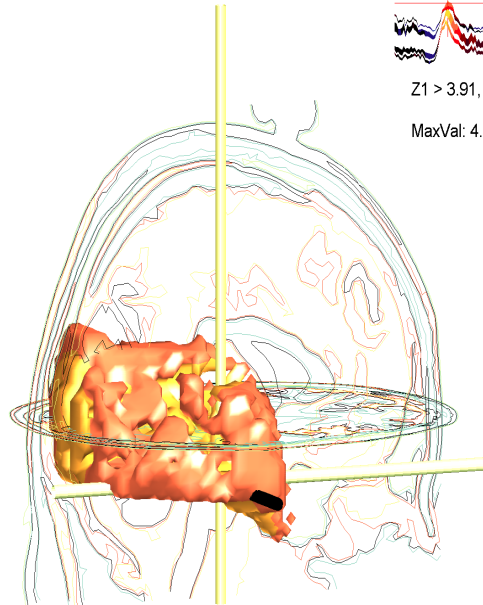
Z1 = 4.80, Frq = 13.28

Z2 = 4.80, Frq = 13.28

Limbic Lobe

Parahippocampal Gyrus

Brodmann area 36



BrainDx

My QEEG is done. I did a good job. It was fun!