Round 23: Trauma, Part 2

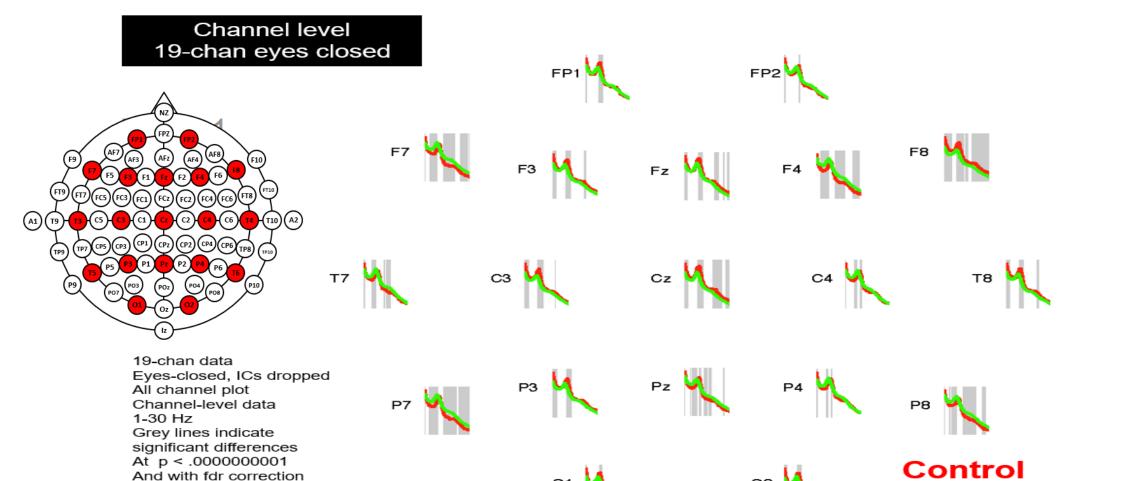
Kristy Snyder Colling, PhD 05/27/2021

Study Details

- Subjects
 - Study 1 19 Channel EEG:
 - 50 Subjects abuse hx & 16 normal controls
 - 19 emotional abuse/neglect
 - 15 physical/sexual abuse
 - Study 2 64 Channel EEG
 - 19 Subjects
 - 12 History of abuse
 - 7 normal controls



Frequency Power Differences



Experimental

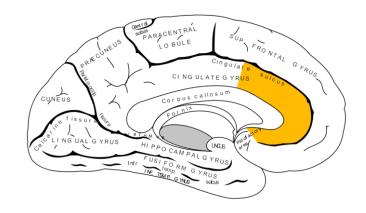
P made small because with

normal settings almost all bands at all channels were

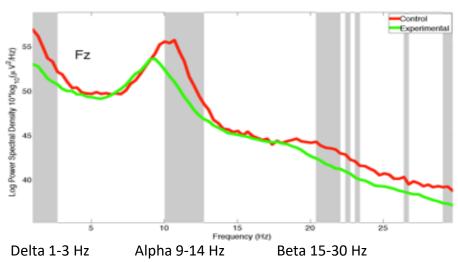
significantly different

• Fz -> Anterior Cingulate Cortex

- Conflict monitoring & Fear learning
- Detection & appraisal of social situations
- Emotional awareness
- Pain perception



Channel level 19-chan eyes closed



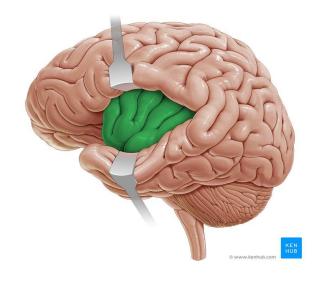
Theta 4-8 Hz

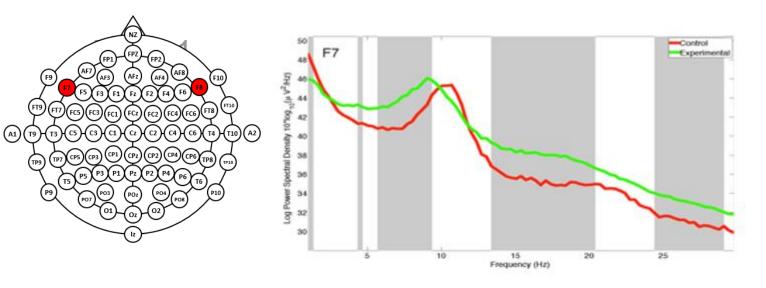
Control Experimental

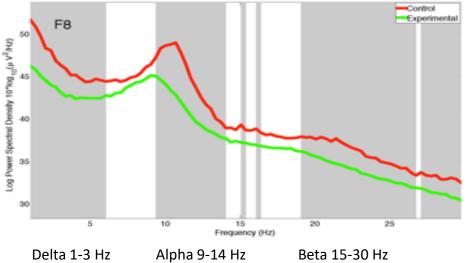
- **Delta** Deep, dreamless sleep
- Theta Deep relaxation, meditation
- Alpha Relaxed, calm
- **Beta** Awake, alert

• F7 & F8 -> Insula

- Self-awareness, interpersonal experience, sense of agency
- Social experience -> norm violations, emotional processing, empathy, social decision making
- Dysfunctional anticipatory processing



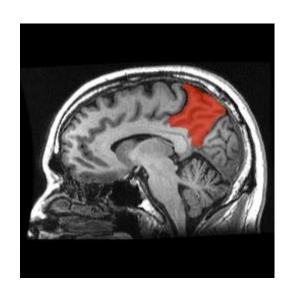


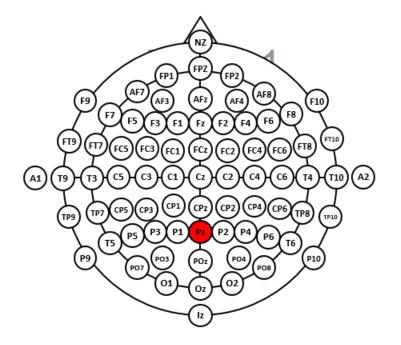


Theta 4-8 Hz

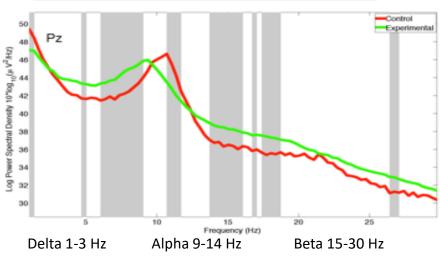
• Pz -> Precuneus

- Episodic memory
- Self-consciousness
- Self-awareness
- Integration of self with environment





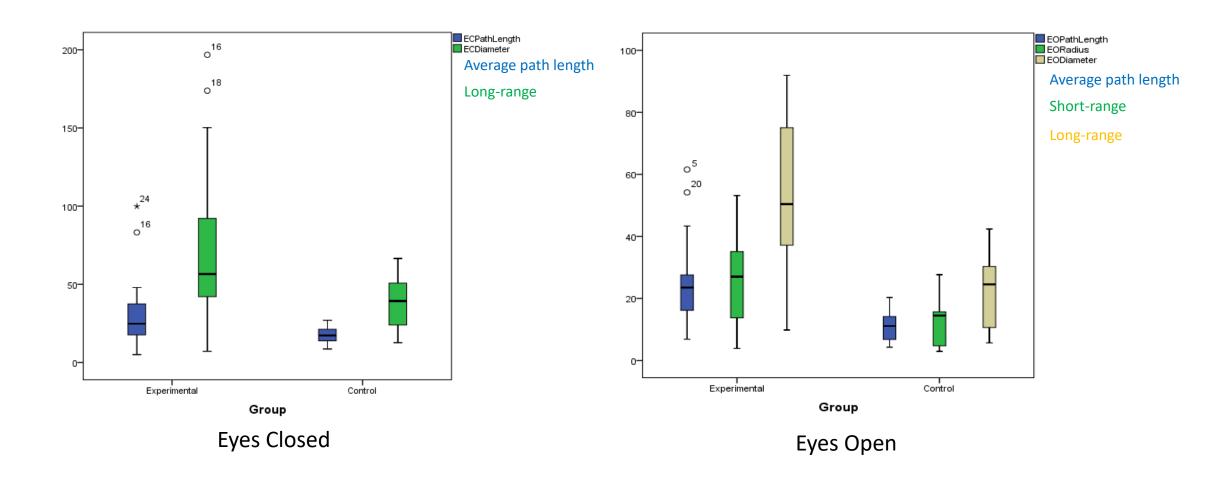
Channel level 19-chan eyes closed



Theta 4-8 Hz

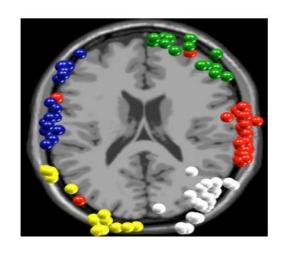
Control Experimental

Connectivity Differences

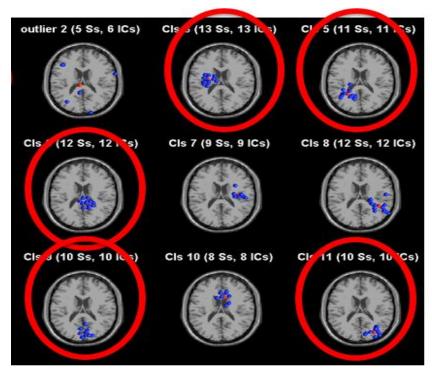


No significant differences in connectivity between abuse/neglect groups

Localization Differences between 19 & 64 Channel EEG



19 Channel

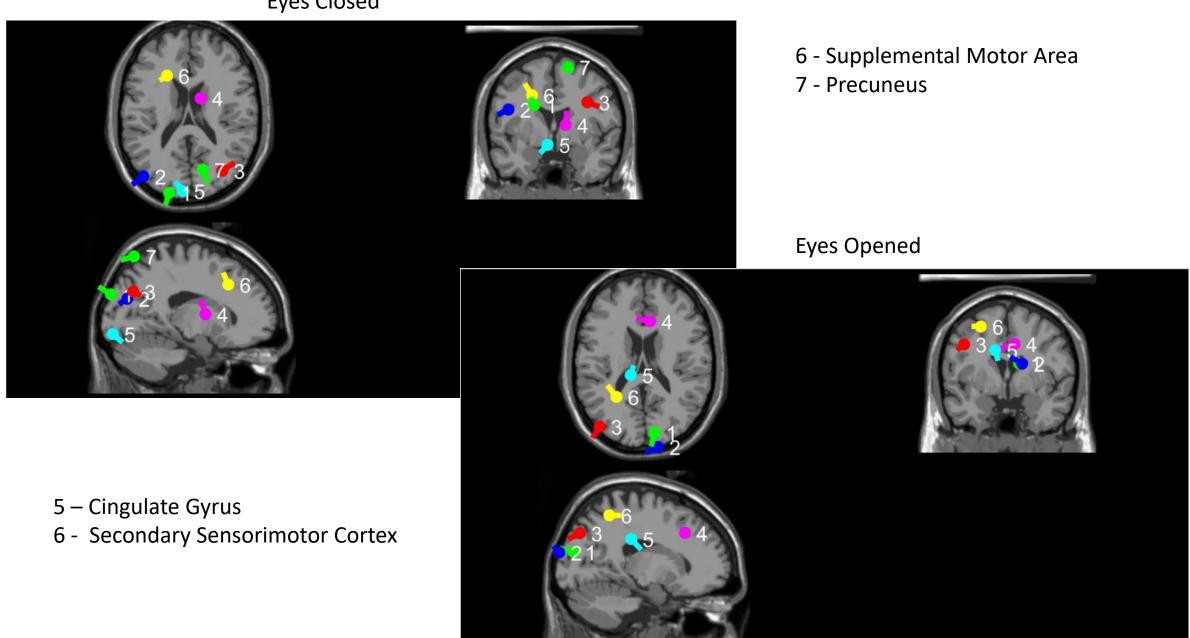


64 Channel

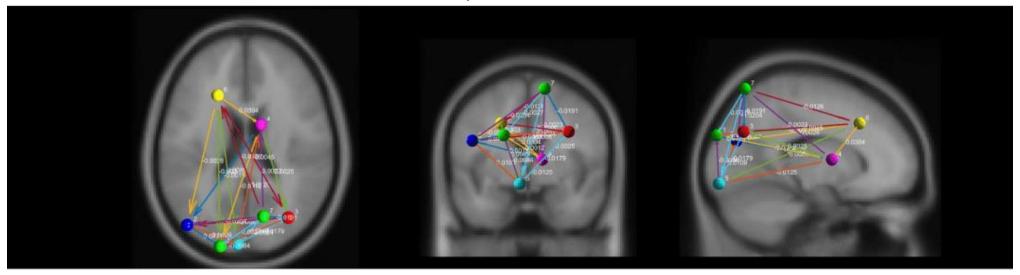
Case Study 1

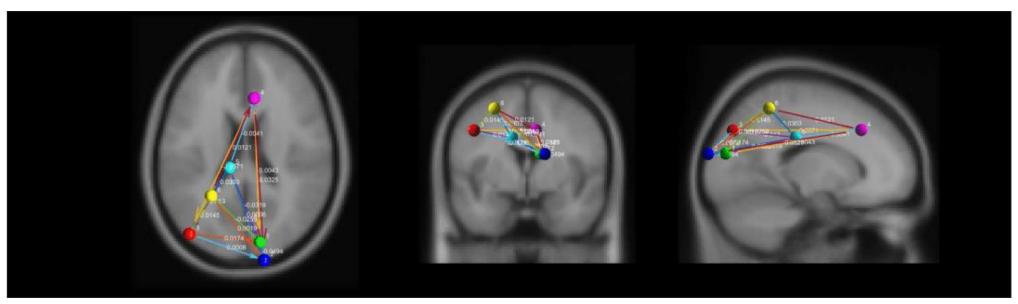
- 10 year old male
- History
 - Developmental Trauma
 - Biological parents & grandparents meth & alcohol addicts
 - In and out of foster care starting at age 9 months
 - Removed from home 3 times
 - Sexual abuse 3-4 y/o
 - Adopted age 4.5
- Symptoms
 - Difficulties with attention, distraction, getting/staying on task
 - Daydreaming
 - Poor Coordination

Eyes Closed



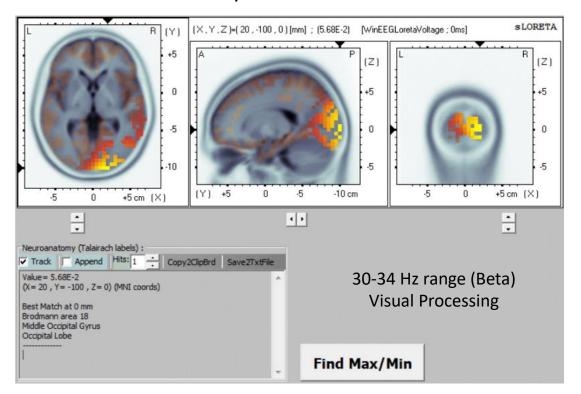
Eyes Closed



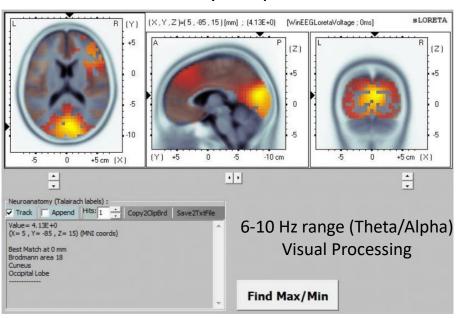


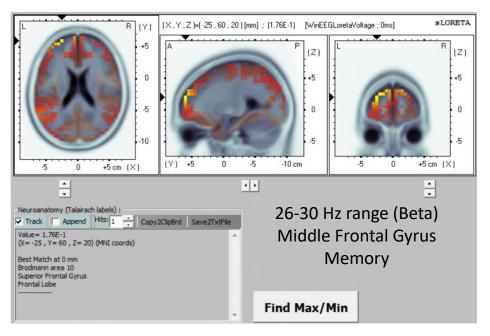
Eyes Opened

Eyes Closed

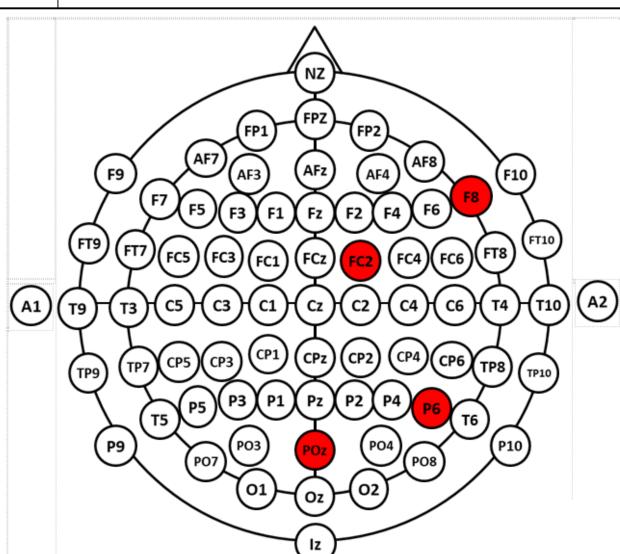


Eyes Open





Inhibit	6-11
Inhibit	20-30
Inhibit	45-50
Reward	4-13



- F8 Insula
 - Self-awareness, interpersonal experience, sense of agency
- FC2 Cingulate
 - Appraisal of social situations
 - Emotional awareness
- P6
 - Heterogeneous
 - Spatial Attention/Planning
- POz Precuneus
 - Episodic memory
 - Self-consciousness

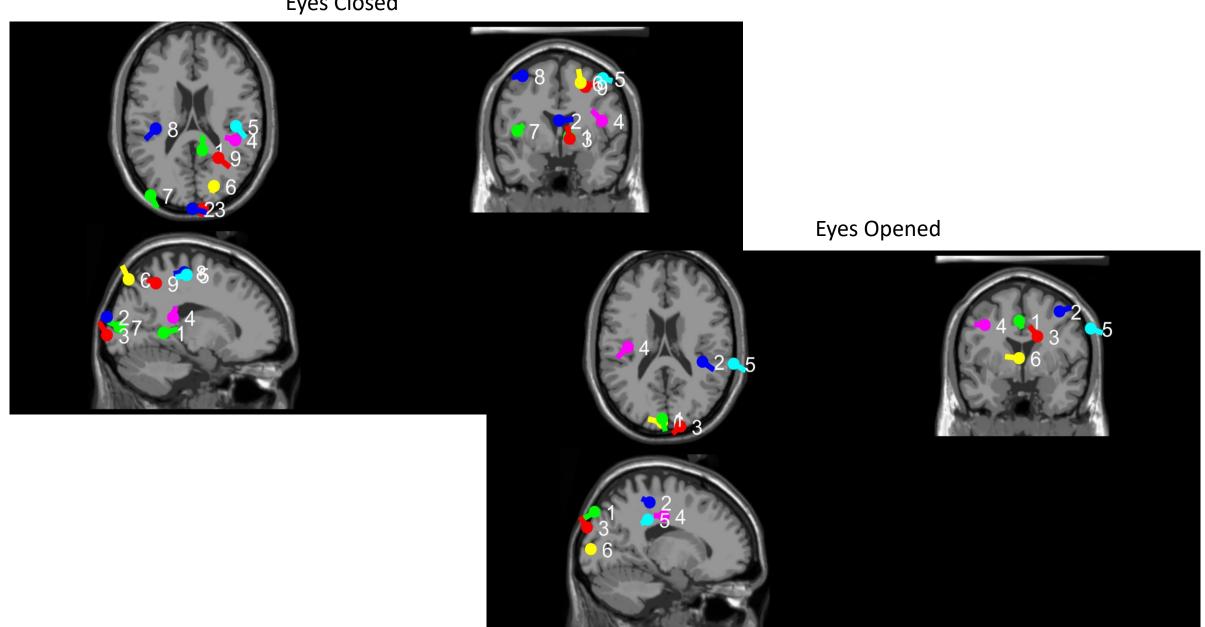
Case Study 2

- 35 year old woman
- History
 - Childhood sexual assault (age 6)
 - Domestic violence (ages 15-26) including emotional, physical, and verbal abuse
 - Parental divorce (age 16)
- Symptoms
 - Poor Memory
 - Unable to Focus
 - Inattentive (working & sustained)
 - Anxiety, exaggerated startle reflex, hyper vigilant
 - Some re-experiencing (nightmares)

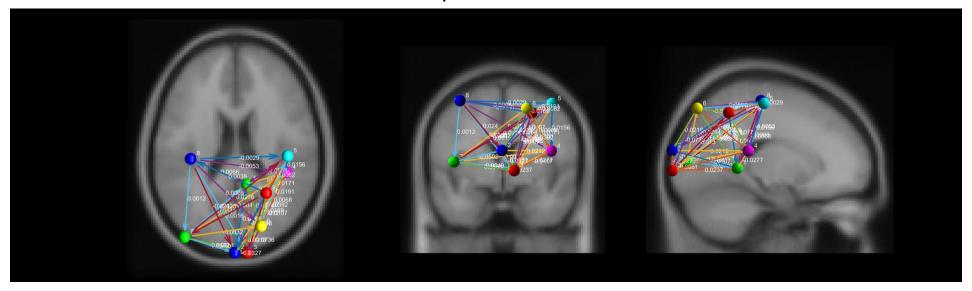
Other

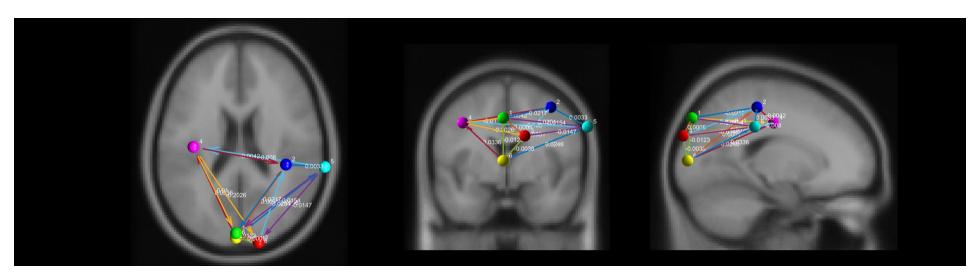
- Spelling and math challenges
- Navigation
- Poor hand-eye coordination
- Clumsiness

Eyes Closed



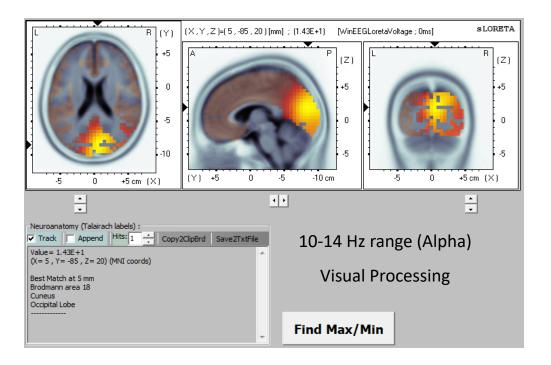
Eyes Closed



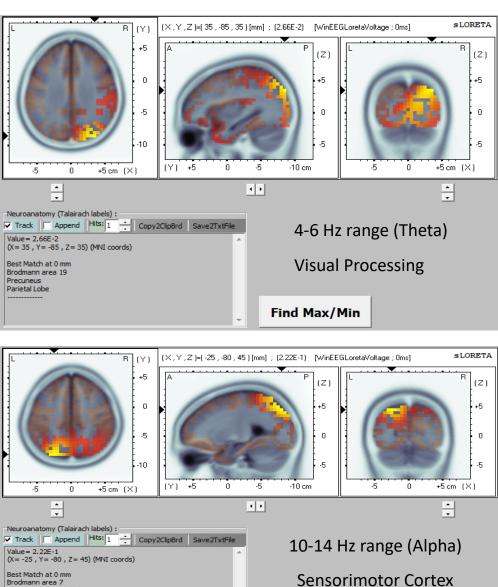


Eyes Opened

Eyes Closed



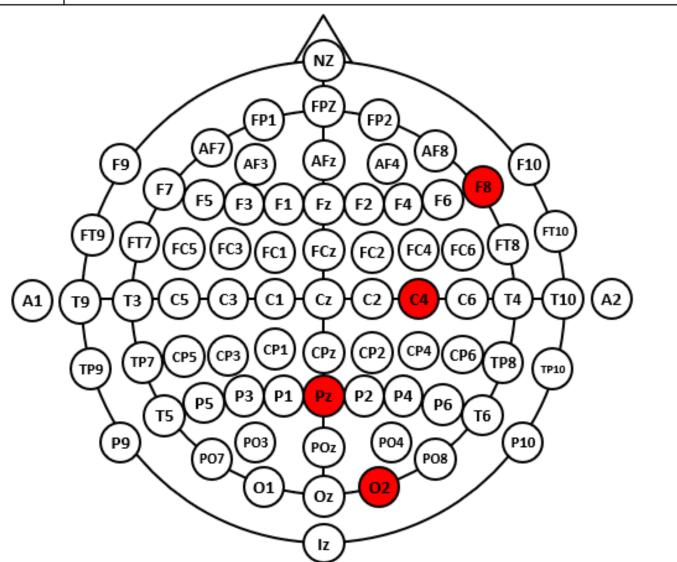
Eyes Open



Visuomotor Processing

Superior Parietal Lobule Parietal Lobe

Inhibit	4-8
Inhibit	10-14
Inhibit	22-30
Reward	7-22



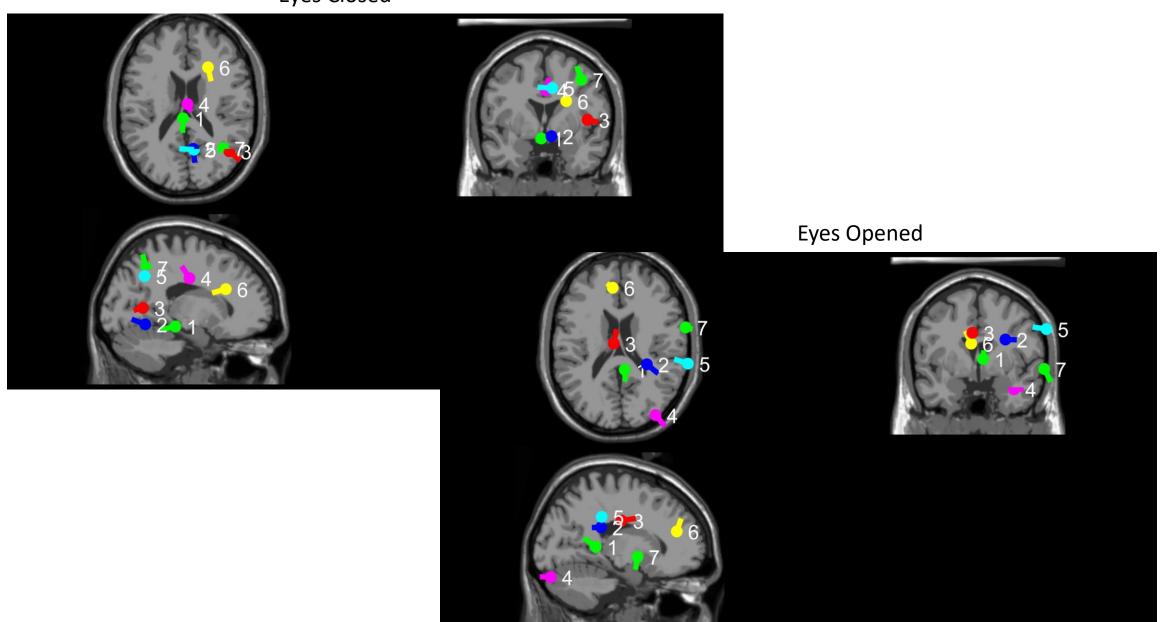
- F8 Insula
 - Self-awareness, interpersonal experience, sense of agency
- C4 Sensorimotor
 - Affected in sexual & physical abuse
- Pz Precuneus
 - Episodic memory
 - Self-consciousness
- O2 Visual Processing

Case Study 3

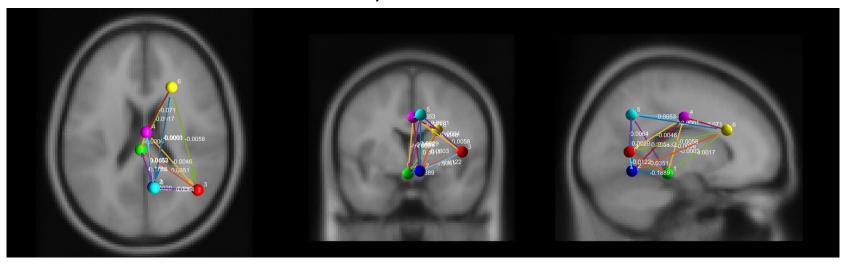
- 48 year old woman
- History
 - Childhood trauma
 - Physical, sexual, and verbal abuse
 - Abandonment
 - Parental divorce (age 12)
 - Separation anxiety
- Symptoms
 - Difficulty relaxing
 - Body tension
 - Somatic Chronic diarrhea
 - Nightmares, trouble sleeping
 - Depression, anxiety
 - Compulsions (counting)
 - Fear of abandonment

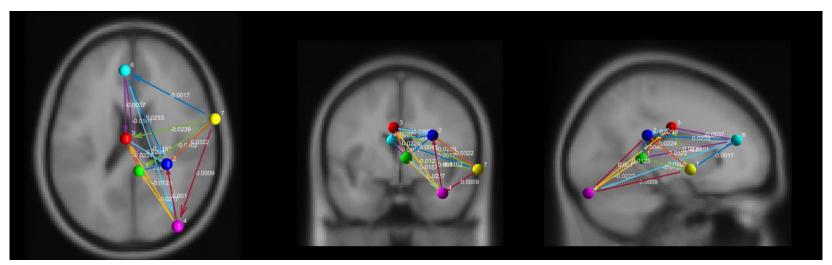
- Neuropsychological Testing
 - Moderate impairment in reaction time in tests of attention/concentration & executive functioning
 - Low average in processing speed, executive function, and working memory tests indicating problems with mental flexibility and rapid decision making
 - Beck Anxiety Inventory indicate severely elevated levels of anxiety and post-traumatic stress symptoms

Eyes Closed



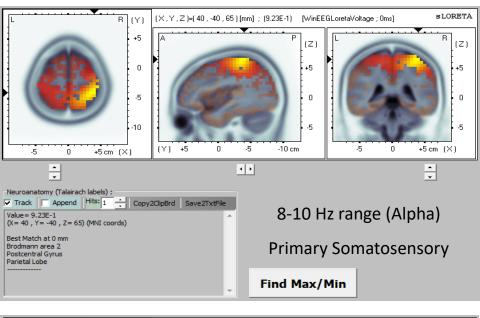
Eyes Closed

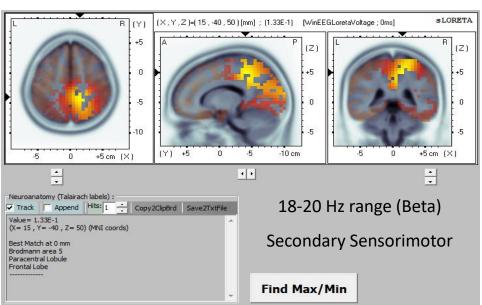




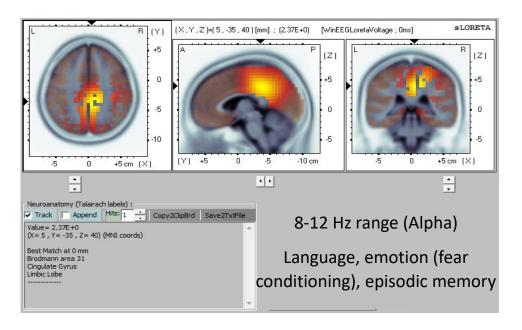
Eyes Opened

Eyes Closed

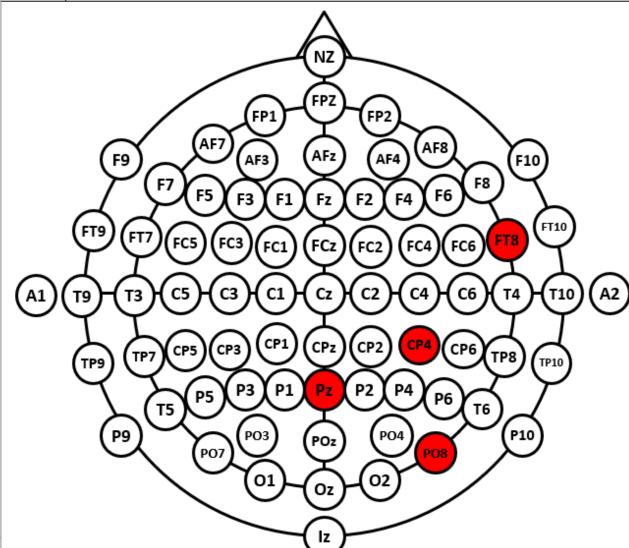




Eyes Opened



Inhibit	6-8
Inhibit	8-12
Inhibit	13-22
Reward	4-21

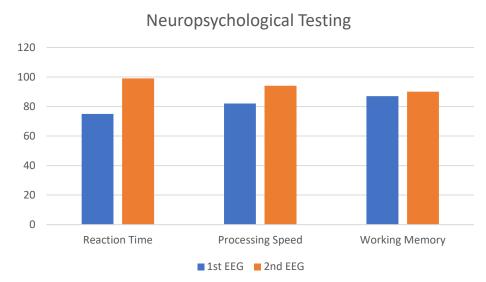


- FT8 Insula
 - Self-awareness, interpersonal experience, sense of agency
- CP4 Sensorimotor
 - Affected in sexual & physical abuse
- PO8 Visual Processing
 - Visual association
- Pz Precuneus
 - Episodic memory
 - Self-consciousness

- Memory
- Attribution of intention
- Spatial Planning
- Calculation/Symbolic manipulation

Self-report

- PTSD symptoms & Emotional Regulation -> much improved
- More relaxed body (less tension)
- Breathing not as short & shallow
- Significantly less nightmares
- Faster information processing
- Fewer "triggers"
- Reduction in diarrhea and migraines



Post

Time Range	Freq Range	Clust Coeff	Path Length	Global Eff	Radius	Diameter	
35-70s	4-21Hz	0.028624799	32.99263212	0.040989657	27.21282	65.5724362	

Previous

Time Range	Freq Range	Clust Coeff	Path Length	Global Eff	Radius	Diameter
63-94s	4-21Hz	0.017195209	58.72034041	0.023808396	74.03964	116.250171

Thank You